

# WOMEN'S RUGBY AUSTRIA

**HERE WE GO AGAIN...**

## **HISTORICAL ACHIEVEMENTS FOR AUSTRIAN RUGBY UNION!!**

*Women's National Rugby Team comes in 5<sup>th</sup> in Division A European Championship.*

The Women's National 7's Team of Austria took 5<sup>th</sup> place in Division A European Championship 2011 in Riga, Latvia from 2 to 3 July placing them back at 15 out of 36 in Europe like their historical achievement of 2 years ago in Belgium. This was a lovely mixed team of players from Graz, Innsbruck and Vienna who did very well at integrating themselves into the national team when needed and then back into their own club teams for their national league (BL) trainings and tournaments. This ability to be flexible and quickly adapt and adjust to a home team and a national team is important in order to be able to grow a committed athlete on multiple levels and to enable them to accept the challenges and differences of expectations of themselves and their teams at both levels and then of course for them to share their learning and enthusiasm for the game with their own club.

This European Championship brought us a dream accomplishment again for a team that was ready to give everything just to remain in that competitive group, yet Coach Renee Carmine-Jones is still not completely satisfied since she says she knows what potential her girls still have in them, and they have not yet reached what they are actually capable of! She wants them to play their game to their full potential and will not accept anything less. This is considering that they gave the winner of Division A, the Ukraine, the most resistance and achieved the best score of any team against them and had higher possession of the ball than other teams that ranked higher. So for next year Renee hopes her team will find the mental and physical strength to play to their full potential in the name of Austria!!

**FROM WOMEN'S RUGBY AUSTRIA...**

**...A BIG THANK YOU TO:**

-  **Our sponsors (AC KG, Vulcan & Trelleborg, Johnny's Pub) who have helped make training camps a bit more affordable!**
-  **All friends and supporters of Women's Rugby Austria!**
-  **Parents, partners & friends who have learned to accept the addictive effect of rugby!**
-  **Renee's parents, Tini as husband and manager, Tini's parents and Renee's brother Zak, who have made it possible to keep coaching a national team and attend games after the birth of our #1 and #2 Women's Rugby fans!**
-  **Tony and Jeso, our #1 and #2 Women's Rugby fans, who most of the time accept that the rugby women come first when there are trainings and games and Euros ahead!**
-  **Thanks to our Manager Tini who likes to pamper his rugby girls in style!**
-  **Thanks to WRC Schönbrunn staff and facilities and to Sport Union Wien for their support!**
-  **Thanks to Jürgen and his torturous & wonderful Tae Bo sessions to get us into shape!**
-  **Thanks to our 7's training-sparring partners, Celtic 7's men's team & coach Vicentiu Vacaru!**
-  **Thanks to our EM Support Team, Tini, Stephanie and to Dr. Church and Joey!**

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**FROM THEIR NATIONAL TEAM COACH, CRAZY CANUCK RENÉE CARMINE-JONES...**

**...A BIG THANK YOU TO:**

**„ALL THE RUGBY LADIES“ who...:**

**...think bruises are sexy!**

**...take life lessons out of rugby!**

**...came from near and far adapting their busy work and training schedules to play with us!**

**...supported from the sidelines and filled in where holes had been left or injuries had set in!**

**...put up with Hill/Hell trainings and Boot Camp Training Camps as support players or NT Squad!**

**...kept coming to trainings no matter what and & worked on themselves outside of trainings!**

**...take training as seriously as games!**

**...were our sparring partners all year (FRU, BL, F-EN League, ENTC VI Test Euro)!**

**...gave it their all throughout the entire season and all the games!**

**...put their team needs ahead of many individual needs and wants!**

**...were at the end of their energies & gave it one last effort that made the difference!**

**...were there for their team even when times were tough!**

**...trusted in their teammates, coach and in themselves!**

**...kept going for the team in spite of injury even when they didn't think they could!!**

**...didn't care about the pain to finish off the game!**

**...are willing to do it all over again!**

**“IN THE NAME OF RUGBY!!”**

**To all of you, see you on the pitch for another season of very hard work and play and to the physical and mental satisfaction that comes from giving everything you have to make you the best players and the best team you can be!**

**And let's hope we can inspire our men's 7's team to go to a European Championship as well!**

**LIVE RUGBY...**

**...LOVE LIFE!!**

**On the next page you can see the player list for the National Team 2011**



## WOMEN EUROPEAN SEVENS CHAMPIONSHIP 2011

### List of players

TEAM: AUSTRIA .....

TOURNAMENT: RIGA 2011.....

Colours	Jersey	Shorts	Socks
<b>Main</b>	Maroon/Black	Maroon	Maroon/Black
<b>Alternative</b>	White/Red	Black or Maroon	White/Red

Shirt N°	LAST NAME	First Name	Date of Birth	Passport Number
1	KIRCHLECHNER	Angelika		
2	SLIFE	Kerry		
3	MATEJ	Sarah		
4	FLORET	Zita		
5	WEISSENBOECK	Eva		
6	SPONNER	Christina		
7	GRABHER	Angelika		
8	PICHLER	Kerstin		
9	VOIGT	Johanna		
10	WUNSCH	Laura		

Manager Signature:

Tournament Director Signature:

NAME: Constantin CARMINE .....

NAME:.....