



Emerging Nations Training Camp VII + Test Euro Champ Tournament

Women's 7's Rugby

Thurs. 05 – Mon. 09 April 2012



ZÁNKAI CENTRUM Zánka, Hungary - Information

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ENTC VI Test European Championship
21 - 25 April 2011 Zánka, Hungary

Tournament Champion CZECH REPUBLIC
with Graham Smith & Sarah Hunter





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Emerging Nations Training Camps Experience Report 2011 & Upcoming ENTC VII 2012



The 6th ENTC (Emerging Nations Training Camp) took place from 21 to 25 April 2011 in Zánka, Hungary. ENTC II and III were supported by the FIRA and their experts and for the first time ENTC IV in 2009 was supported by the IRB thanks to the kind recommendation of FIRA President, Mr. Jean Claude Baqué who believed in our regional women's development project. We have now made it to ENTC VII with both IRB and FIRA support!



The Youth Centre and ENTC IV, V, VI and possibly VII venue, Zanka, is like an all inclusive little city for kids that quickly earned its new name of "Kiddie College". It is huge and has everything that motivated, rugby spirited players need in order to develop - pitches, stadium, accommodation, cafeteria (great food, very flexible staff), drinking water, supermarket, coffee bar, bar, cross country/forest running paths, and the legendary Balaton Lake within walking/jogging distance! – An ideal "all-in-one" venue! ENTC VI participating nations were: Austria, Croatia, Czech Republic, Finland, Hungary and Poland, Slovenia and a Barbarian team made up of Austrian, Czech, Hungarian & Polish development players.

The general purpose of these Emerging Nations Training Camps (ENTC's) is actually to close the gap in performance levels between countries where Rugby has long been established and nations that are quite new to this sport but have a heart for the game and the drive to learn and play the sport against all odds and at their own expense.



The IRB support was well demonstrated by their initiative to provide us with some of the best experts to whom they have access. Since ENTC IV the RFU has made coach expert Graham Smith, co-coach of England Women's National Team, available to us and every year we are also provided with a referee expert. For ENTC VII we hope to welcome Simon Jones back to work with the coaches and players. Last ENTC we had the honour of the inspiring presence of Sarah Hunter, England women's number 8. This year we are expecting between 150 and 200 players and at least 10 coaches and 10 referees. The coaches and referees will work on their official IRB 7's Coach or Referee Certification Level 1 or 2.

The trainings are usually conducted in two sessions per day; one morning and one afternoon and are on average 2,5 hours each. At the end of every day, test matches are scheduled as a possibility to apply in practice what we have just learned during the day and, of course, to prepare for the TEST Euro on Sunday.

Sunday: Tournament Day! Our Test European Championship follows the same structure and procedures as the official FIRA European Championships. Every team plays 5 games which is a great test of physical and mental endurance for the FIRA Euros.



The Emerging Nations Training Camp, initiated and organised by Renée Carmine-Jones from the Austrian Rugby Union, has become a huge success for the participating nations. For ENTC VII she will be working closely with ENTC Tournament Director, Czaba Priskin. This cooperation with Csaba Priskin and with Zanka's Balázs Angyal makes this event run smoothly and consistently every year.





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ZÁNKAI CENTRUM

ZANKA YOUTH SPORTS COMMUNITY

Location of the Sports Center / Mini Olympic Village!

The Sports Centre is located on a beautiful piece of land that is approx. 209 hectares, on the shore of the largest fresh-water lake in Europe, in the beautiful environment of the Balaton highlands rich in historical and natural resources, right in the middle of many popular touristic attractions.

1 ACCOMMODATION

Summer buildings :

two-story residences with rooms of 6 or 8 beds (with shower & WC in rooms) for players for players for **30 Euros** per person per night all incl. and for the coaches, referees, managers, physios and other staff, there are rooms of 2, 3, 4 and 6 beds with shower and WC for **35 Euros** per person per night all incl. In the residences there are workshop & seminar rooms & a meeting/socialising room.



6 bedded rooms and 8 bedded rooms

2 MEAL OPTIONS

The kitchen and restaurant capacity of the Sports Centre makes possible to serve thousands of persons at the same time. In addition to the central restaurant some smaller establishments await the guests.

Special meals are available (vegetarian, diabetic, gluten free, kosher, etc...) special menus are available according to previous requirements. We have requested high energy sports menus and and the kitchen will follow an RFU nutritionist recommended mealplan.

3 SPORTS ESTABLISHMENTS AND SERVICES

Zánka has an advantageous geographical location in addition to the numerous sport facilities (sport hall, stadium, open-air sport fields, gym, aerobic-hall, sauna etc.) that offer possibilities for different types of sports as well as training camps and sport events.

The Centre is also suited for international meetings and conferences as well as major sports championships. Zanka was host the Women's B Group Rugby 7's European Championship 2011.

Stadium	- 110 x 65 m sports ground with grass - 400 m , 6 raceway - audio tech available	3000 people
Sports Fields	2 sports fields (side by side) near stadium	
Fitness center	- GYM with many new machines - Aerobic-hall	20-30 people
Sauna	dry sauna with a small cold-water-pool	8 people





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Participation Process:

To secure participation & accommodation a **€250** deposit/commitment fee is required, **€200** of which will be returned to your manager/coach/union at the end of the camp (at the BANQUET on Sunday) if no damage or injury/hospital costs were incurred during the camp.

Accommodation + 3 meals a day will cost a special all inclusive rate of **€30** a day for players in 6 – 8 bedded rooms and **€35** a day for staff (whether staff is a player /referee /coach /manager/physio or driver). So, depending on arrival date, participants will either be staying 4 or 5 nights (Wed. night or Thurs. morn. to Mon. morn) and either pay **€120** or **€150** per player and/or **€140** or **€175** each for staff.

Account details are as follows:
ORV-AUSTRIAN RUGBY UNION
 BIC/SWIFT GIBAATWWXXX
 IBAN AT872011128964486300

PLEASE INCLUDE IN SUBJECT LINE:
 (COUNTRY NAME) ENTC VII PARTICIPATION Fee
 If you pay deposit & participation fee at same time then write:
 (CN) ENTC VII COMMITMENT FEE €250 +PARTICIPATION Fee

Invoices will be provided by request once full payment has been made.

Please let me know if any questions remain on your part or that of your unions.

Those of you flying into Vienna or Budapest should already have been put in contact with one another in case you wish to coordinate joint transportation to Zanka return.

REMINDERS for upcoming Dates:

- **€250,- Deposit/Commitment fee by 14 Feb 2012 (Happy Valentine's Day!!)** if deposit is not needed for player emergency, **€200,-** will be returned to team manager/coach by host union on last day of ENTC VII at the BANQUET.
- **Registration Forms handed in by 14 March 2011** – don't forget to register coaches and referees for the IRB Certification Courses! And please provide us with their e-mail addresses as well so that the Coach and Referee Educators can reach them about preparation and materials they need to bring.
- **Final/full 100% Payment (no 50% deposits this time) by Wednesday 14 March 2012.**
- **ENTC VII from Thursday 05 April to Monday 09 April 2012**

We anticipate the participation of 10 to 12 Nations for which accommodations have been reserved. Those that pay the **€250,- Deposit/Commitment fee by 14 Feb 2012** will be the first to be considered for these rooms.

Further requests or information please contact:

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Venue: Zánka Youth Sports Centre (www.zanka.hu)

